What is claimed is:

1. A backing mirror assembly, comprising:

a mirror;

a substrate coupled to said mirror, said substrate being adapted to retain said mirror;

a shaft, formed of at least one component, coupled to said substrate;

at least one angulated position holder rotatably coupled to said substrate and adapted to receive said shaft; and

a support structure coupled to said substrate,

wherein said at least one angulated position holder is located between said substrate and said support structure to facilitate rotational movement of said substrate relative to said support structure.

- 2. The backing mirror assembly of claim 1, wherein a sight is positioned on said mirror.
- 3. The backing mirror of assembly claim 1, wherein said support structure comprises at least one support arm.
- 4. The backing mirror assembly of claim 3, wherein each of said support arms is foldable.
- 5. The backing mirror assembly of claim 1, wherein at least one suction cup is coupled to said support structure.
- 6. The backing mirror assembly of claim 1, wherein said support structure is adapted to fit on a tail-gate.
- 7. The backing mirror assembly of claim 1, wherein said support structure is adapted to fit on a bumper.

- 8. The backing mirror assembly of claim 1, wherein at least one stop-peg is coupled to said substrate.
- 9. The backing mirror assembly of claim 1, wherein said at least one angulated position holder comprises a plurality of discrete meshing components configured to impart tactile registry during stepwise rotational movement.
- 10. The backing mirror assembly of claim 1, wherein said support structure comprises at least one adjustable slide rail to facilitate height adjustment.
- 11. A backing mirror assembly, comprising:
 - a first mirror;
- a substrate coupled to said first mirror, said substrate being adapted to retain said first mirror;
- a shaft coupled to said substrate, said shaft being formed of at least one component;
- at least one angulated position holder rotatably coupled to said substrate and adapted to receive said shaft;
 - a support structure coupled to said substrate,
 - wherein said at least one angulated position holder is located between said substrate and said support structure to facilitate rotational movement of said substrate relative to said support structure; and a second mirror coupled to said support structure.
- 12. The backing mirror assembly of claim 11, wherein said second mirror is convex.
- 13. The backing mirror assembly of claim 11, wherein said second mirror is coupled to said support structure via spring tensioned wires.

- 14. The backing mirror assembly of claim 11, wherein said second mirror is slideably coupled to said support structure.
- 15. A backing mirror assembly, comprising:
 - a mirror having guidance indicia;
- a substrate coupled to said mirror, said substrate being adapted to support and retain said mirror;
 - a shaft, formed of at least one component, coupled to said substrate;
- at least one angulated position holder rotatably coupled to said substrate and adapted to receive said shaft; and
 - a support structure coupled to said substrate,

wherein said at least one angulated position holder is located between said substrate and said support structure to facilitate rotational movement of said substrate relative to said support structure.

16. A method of using a backing mirror, the method comprising:

attaching said backing mirror to a vehicle having a tow hook-up, said backing mirror having an angulated position holder coupled to a support structure;

initializing said backing mirror to a reference position; and

rotating said backing mirror via said angulated position holder a predetermined quantity of units from said reference position to a viewing position, said units representing discrete stepwise rotational advancement configured to impart tactile registry,

wherein said predetermined quantity of units establish said backing mirror as vertically aligned relative to said vehicle so as to be in optical communication with said tow hook-up.

17. The method of using a backing mirror of claim 16 wherein said backing mirror is removably attached to said vehicle.

- 18. The method of using a backing mirror of claim 16, said backing mirror further having a stop-peg, wherein said initializing is accomplished by locating said stop-peg relative to said support structure.
- 19. The method of using a backing mirror of claim 16, said backing mirror further having magnetic signaling capability, wherein said initializing is facilitated by generation of a signal responsive to a magnetic field.
- 20. The method of using a backing mirror of claim 16, said backing mirror further having optical signaling capability, wherein said initializing is facilitated by generation of a signal responsive to an optical trigger.
- 21. The method of using a backing mirror of claim 16, said backing mirror further having infrared signaling capability, wherein said initializing is facilitated by generation of a signal responsive to an infrared trigger.
- 22. The method of using a backing mirror of claim 19, wherein said signal is an audible tone.
- 23. The method of using a backing mirror of claim 19, wherein said signal is a visual display.
- 24. The method of using a backing mirror of claim 19, wherein said signal is a vibration.
- 25. A mirror assembly for use with a towing vehicle and a towed vehicle, said assembly comprising:

a first and second mirror, at least one of said mirrors being convex, said mirrors being adapted to be coupled to a vehicle via at least one position holder, at least one of said mirrors including reference indicia capable of providing confirmation of accurate placement of said towing vehicle with said towed vehicle.

26. A mirror assembly for use with a towing vehicle and a towed vehicle, said assembly comprising at least one mirror capable of being attached to said towing vehicle via at least one position holder, said position holder including means for rotating said mirror to at least two positions, said positions being held in place via a ratchet mechanism and said positions being associated with a predetermined desired placement of said mirror so as to align said towing vehicle with said towed vehicle.